



Class Schedule

Grandmaster Michael Bowers

(503) 657-3408

January 1 - December 31, 2018

Time	Mon	Tue	Wed	Thu	Fri	Sat
9:15 AM	Kombatan	Mt. Hood CC		Mt. Hood CC	Kombatan	Kid's Kombatan
10:15 AM	Private	Mt. Hood CC		Mt. Hood CC	Private	Kombatan
						(S) Private
5:30 PM	Kid's Kombatan	(9) Private	Kid's Kombatan	(9) Private	Kid's Kombatan	
6:30 PM	Kombatan	Kombatan	Kombatan	Kombatan	Lakan's	
7:30 PM	Berdugo	MDW	Berdugo	Berdugo	MDW	

Berdugo Martial Arts Classes & Courses

Basic (Trial) Course	(Levels 1 - 5) Train twice per week.
Kombatan Course	Train up to four classes per week (according to your level) including the Kombatan class that gives you a chance to use your Kombatan skills in a stress-filled atmosphere.
Berdugo Course	For those who want to excel in reality-based training. This course has all the benefits plus some extras. All Kombatan and Basic Courses are open to you.
MDW	Born of combat on the violent streets of South Africa, the MDW Training Methodology provides an environment and a framework to effectively navigate the Chaos of Combat.

Class Schedule May Change At Any Time

Checkout our monthly calendar at www.berdugo.us/schedule.html for more information on schedule changes and closures.