

Kamusta,

The past year at Berdugo Martial Arts has been fun filled and fast paced. We have had promotions, new students, seminars, demonstrations, tournaments and clinics. There has also been a revived sense of pride in our art and ourselves; the reason that [Berdugo Martial Arts](http://www.berdugo.com) is the North American Headquarters for Kombatan Presas Style.

First and foremost we would like to recognize the promotion of Junior Grandmaster Michael Bowers to full Grandmaster. Grandmaster Bowers has dedicated 19 years to the learning and teaching of Kombatan Presas Style with no substitution or modification to Great Grandmaster Presas' vision. You can find out more on GM Bowers at <http://www.berdugo.us/instructors/mike.htm> and his perspective on Kombatan Presas style in the latest FMA Digest, http://www.berdugo.us/Docs/articles/Special-Edition_IPMAF.pdf.

We would like to give a hand to all the other students who have passed belt promotions this year:

Level 2
Steven Lightfoot
Lorna Messinger

Level 3
Phil Cavazos
James Latimer
Roger Myers

Level 4
John Brainard

Level 5
Jason Evans
Sam Mach

Level 6
Dylan McComiskey

Level 9
Alan Jackson
Dr. Steven Jackson
Ron Carlbon

Level 10
Stephen Dietrich

Lakan 2
Sir Mike Millikin
Sir Jeff Schulden
Sir Allan Stokes
Sir Albert Tabino
Sir Lona Vongthongthip

Lakan 3
Guru Rick Brock

As any family will tell you, we are happy to announce that we have had several new additions this year.

Monique Davidson
Steven Lightfoot
Taylor Vaughn

Amber Dickinson
Christian St. Clair

Randena Franke
Cole St. Clair

The Berdugo family would also like to extend hearty congratulations to Jason Evans and his new bride on their recent nuptials.

We miss some of our fellow students because they don't get in and train. We hope you come back soon and we are sure you will as soon as you get off the dog! As Grandmaster reminds us, it's not about what you did yesterday; it's about what you do today.

James Barker
Alan Knepper
Nathan Pool

Mike Fowler
Jeremy Orr
Isidro Reyes

Simon Graves
Zack Poitra
Doug Wolf

GM knew a man who claimed that he had a 24 inch, standing vertical leap. Grandmaster called him out on it and the gentleman had nothing but excuse after excuse as to why he wouldn't do it. One day the man finally gave in and attempted his jump. He only jumped 12 inches. 12 inches, or half as high as he claimed he could. The truth then came out. The man admitted that he did achieve a 24 inch vertical jump once, in 7th grade, the man was now 45 and still claiming he could do it. Remember, tomorrow never comes so get into the school TODAY and TRAIN! Be today's Black Belts, not yesterday's story!



Berdugo Martial Arts was very fortunate to get Grandmaster Lazo and his son

Master Ricky for a 2 day seminar that left us amazed as he presented 2 stick freestyle. The volume of information presented by GM Lazo was a real eye opener and we cannot wait until his return. Click here for more on [GM Lazo](#) .

Berdugo Martial Arts Academy

In February, Berdugo Martial Arts hosted the 2nd Annual Presas' Brothers Seminar. This extremely unique seminar had Professor Dan Anderson representing the art of Grandmaster Remy Presas, Grandmaster Michael Bowers the art of Great Grandmaster Ernesto Presas and Master Kurtis Goodwin the art of Grandmaster Roberto Presas. The elite instructors showed the very heart of their unique system of Philippine Martial Arts. We had the chance to see how each style had very distinct features yet also shown how they all descend from the same tree.



September brought about the 2nd Annual Knife Seminar at Dodge Park on the



Sandy River. As always, GM Bowers brought to light the harsh reality that is combative knife fighting and how just surviving is an accomplishment within itself. The 12 of us that attended got battered and bruised, but left with full bellies from all the wonderful foods that were brought to the potluck BBQ following the seminar.

In June, Grandmaster was invited to give a demonstration of Kombatan at the Dragon Moon Festival held in China Town. The demonstration was a great example of the no non-sense effectiveness of Kombatan. As Sir Mike Millikin has stated, "It was simple, but the simplicity was very advanced." Want to see how effective it was? Watch here, [Dragon Moon Festival](#).

Berdugo Martial Arts is getting ready to host the [1st Annual Kombatan Classical Tournament](#) on November 14th, location to be announced. Currently we are holding clinics to teach the rules and styles of fighting that are unique to a Kombatan Classical Tournament. There is only one sparring and judging clinic left until the tournament, it is on October 17th.

June also saw the Eskrima Coalition tournament in Stockton, California. Berdugo sent a merry band of marauders consisting of: Grandmaster Bowers with his family, Andy Hunt, Stephen Dietrich, Steven Lightfoot and Ron Carlbom with his family. Kombatan represented itself well at the tournament. Watch our guys in the [tournament](#).



Steven Lightfoot	1 st Place	Beginners Division
Andy Hunt	2 nd Place	Men's Advanced
Ron Carlbom	3 rd Place	Men's Advanced over 40
Stephen Dietrich	3 rd Place	Team Event
Andy Hunt		
Steven Lightfoot		

Berdugo Martial Arts Center is now a distributor for the only publication coming from the birthplace of the Filipino Martial Arts. [Rapid Journal](#) features profiles, interviews, how-to articles, forms instruction, historical pieces, editorials, and much more. The magazine highlights all martial arts in the Philippines (yes, many arts besides Arnis and Eskrima are practiced there!) including Chinese, Japanese, Malaysian, Indonesian and Korean disciplines. Of course, there is a wealth of information on your favorite Filipino fighting system as well, be it Balintawak, Doce Pares, Kombatan, or the other, more obscure methods. Buy your [Rapid Journal](#) now.

2010 will be another great year at Berdugo Martial Arts! The Philippine class will be starting to prepare all the students who will be going to the 2011 training camp. Knife classes for both black belts and colored belts will continue to educate us on the use of the blade. The Combat Conditioning class is back in full swing, not only get us in shape, but to bring out the finer details of surviving in less than ideal situations. Street Defense will be available at Mt. Hood Community College as always. At [Berdugo Martial Arts](#), Grandmaster Bowers offers more than 22 total classes a week, not counting private sessions or his classes at Mt. Hood. So, to be blunt, get in, get trained!

“Live as if everyday was your last”



Berdugo Martial Arts Academy